

## HOW LONG

How long, O LORD,  
must I bear in my heart  
the insults of my neighbors  
and the frailty of my flesh?

How long must I hear  
the whispers of my adversary  
saying, "Do this!"  
and "Do that!"

How long must I watch  
a schizophrenic world  
drunkenly balance  
its slide into chaos?

For six thousand years  
your saints endured  
the taunts and temptations  
of their enemy

For six thousand years  
we have been crushed  
under his feet;  
how long ... how long?

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